Fried Rice

Quilt and Café

Ingredients

Leftover Cold Cooked Rice
cooking oil, such as peanut, olive or avocado
1/2 bag of frozen peas and carrots, slightly thawed by rinsing
1 small onion, chopped
Leftover protein of your choice, here I had leftover steak
Garlic, minced
Ginger, grated
Soy Sauce, to taste
Hoisin Sauce, to taste
Sambal Oelek chili paste, or Sriracha, optional, to taste
Fresh crushed black pepper
Scrambled eggs, optional
3-4 Green onions, sliced

Method

In a large sauté pan, swirl the oil into the pan over medium high heat. Add in the chopped onions and sauté until they start to soften, add in the garlic and ginger and stir until you can start to smell the garlic. Add in the cold rice and break it apart with a wooden spatula. Stir until the rice starts to brown slightly. Add in the soy sauce, enough to where the rice starts to look brown. Add in a few squirts of hoisin and about a tablespoon of the Sambal or Sriracha if using. Continue to stir until all are combined. Add in the peas and carrots and continue to stir. Add in the protein. Combine well and check for seasoning. Add black pepper to taste. At this time you can add in some pre-scrambled eggs, stir to combine and then top with sliced green onions. You can also add in some cilantro. Enjoy!

This is a recipe where you can get creative, nothing is forbidden. Here are some ideas on what you can use:

Ham

Chicken

Pork

Sausages

Tofu

Corn

Peppers

Celery

Broccoli

Cauliflower

Zucchini

Anything goes!